



For P.E. this week we would like you to compete the Among Us workout as you can see above. All of the instructions are on the video and it tells you when to complete the workout and when to rest.

Instructions:

You watch the different workouts as seen above and choose which one you think the imposter is. When you have chosen that is the exercise you will complete for 30 seconds. If you're correct you earn 10 points but choose wisely Y6 because if you're wrong you lose 10 points! Please follow the first link to complete the workout and if you would like a bit more of a challenge move onto the second link.

<https://youtu.be/UxxEeYSdOlw>

https://www.youtube.com/watch?v=UH8M4Fg_4BU

Make sure you tally up your score and let us know on Seesaw please. We can't wait to see how you get on. Enjoy.