

*Learning Objective*

*To understand why Lent is an important time for Christians.*



| <i>Success Criteria</i>  | <i>Self-Assessment</i> |
|--|------------------------|
| <ul style="list-style-type: none"><li>• <i>Know when Lent starts and ends.</i></li></ul>               |                        |
| <ul style="list-style-type: none"><li>• <i>Understand where the idea of Lent originates.</i></li></ul> |                        |
| <ul style="list-style-type: none"><li>• <i>Record ideas for questions linked to Lent.</i></li></ul>    |                        |

## What Would You Give up for Lent?

Lent is a time for Christians to remember Jesus' sacrifice and how he resisted temptation.

**If you were giving up something for Lent, what would it be?**

**Why would it be difficult for you to give it up?**

