

FOOD IS A WEAPON

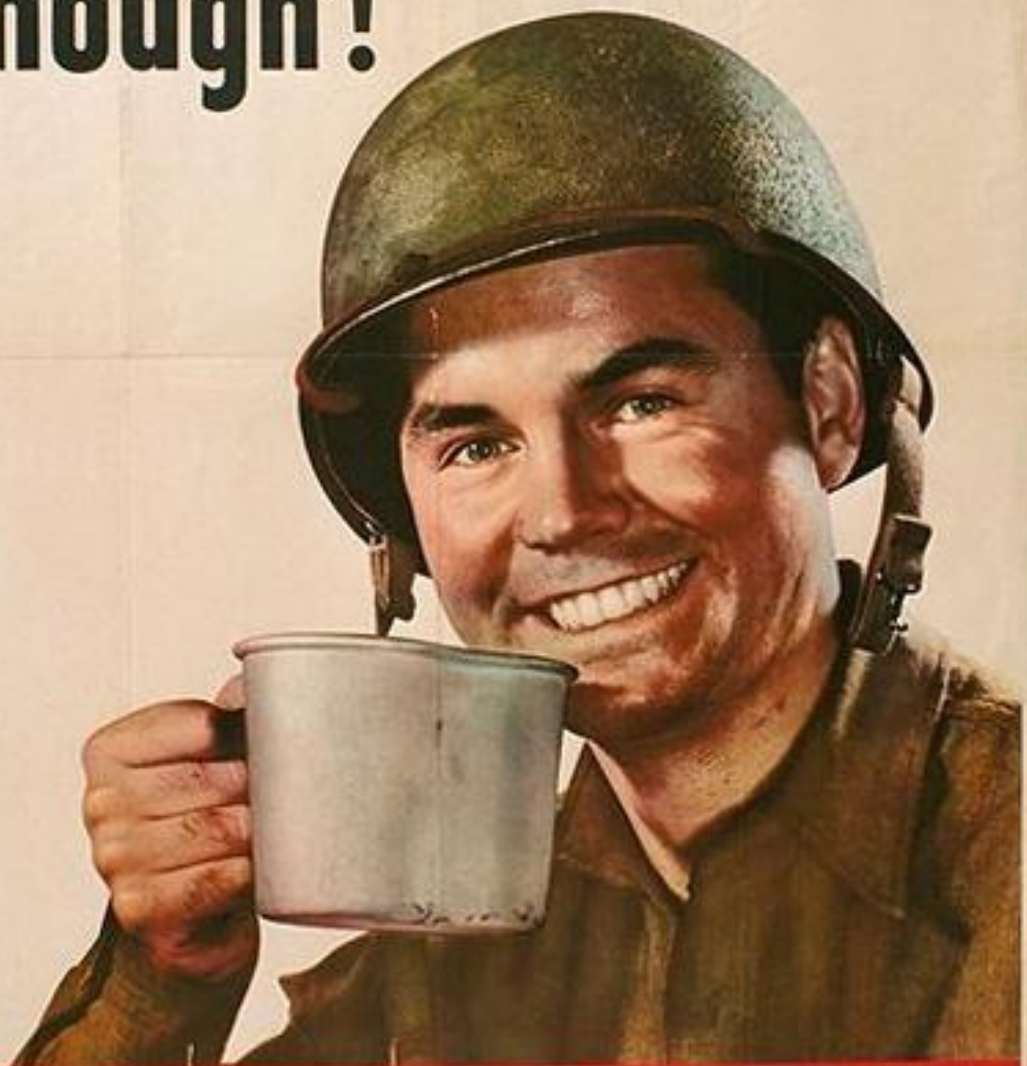


DON'T WASTE IT!

BUY WISELY - COOK CAREFULLY - EAT IT ALL

FOLLOW THE NATIONAL WARTIME NUTRITION PROGRAM

Do with less—
so they'll have
enough!



RATIONING GIVES YOU YOUR FAIR SHARE



RATIONING MEANS A FAIR SHARE FOR ALL OF US



Office of Price Administration
Washington, D. C.



Go through your wardrobe



**DON'T WASTE
BREAD!**



**SAVE TWO THICK SLICES
EVERY DAY, and
Defeat the 'U' Boat**

.. every available piece of land must be cultivated



GROW YOUR OWN FOOD
supply your own cookhouse